

# Our Philosophy

At CrassulaECO, we believe that the health of our environment and our own health are closely related.

In the world over the past 30 years excessive production and consumption of products containing chemicals has led to negative changes in the environment. It becomes a reason of increasing the number of conscious consumers, armed with a wide range of information in the environmental field.

Modern people, under the pressure of toxins, radiation and moral stress, is increasingly turning to a holistic approach to their health and the consumption of organic products, but at the same time, without giving up comfort, wants to be in harmony with nature. Without compromising comfort, you can live in harmony with nature.

At CrassulaECO Spa, without compromising the quality of service and complying with the standards, we use 100% organic products, and also recommend to use them.

At CrassulaECO Spa we use only certified organic products and we share our wide range of products in the SPA Shop. While you are pamping yourself with Spa therapy in the peace and tranquility, we are pleased to know that you and our world have not suffered from these practices.

We also want you to know that all products we used successfully passed all chemical tests and were not tested on animals.

At CrassulaECO, we are proud to provide five star treatments for our five star guests.

Save The Nature, Save Your Soul,

Crassulacco Team

НАММАМ	Min.	€
Turkish Peeling	20	35
Foam Massage	20	35
Traditional Turkish Hammam	30	45
Coffee Peeling and Foam	30	50
Sultan Hammam	50	90
MASSAGES	Min.	€
Classic Local Massage	30	45
Classic Full Body Massage	50	65
Aromatherapy Massage	50	80
Golf Massage	30	45
Sport Local Massage	30	60
Sport Massage	50	90
Foot Reflexology	30	45
Foot Reflexology	50	75
Thai Foot Massage	50	75
Indian Head Massage	30	45
Deep Tissue Massage	30	45
Anti-Cellulite Massage	30	60
Lymph Drainage Local Massage	30	55
Lymph Drainage Massage	50	85
Hot Stone Massage	50	85
Asian Deep Tissue Massage	50	80
Full Body Balinese Massage	60	75
Full Body Balinese Massage	80	95
Thai Aromatherapy Massage	60	80
Classic Thai Massage	60	85
Shiatsu	60	85
Asian De Luxe by Crassula	80	110
Crassula 4 Hand Massage	50	135
Abhyanga	50	90
Shirodhara	50	80
Shiro Abhyanga&Dhara	80	135
Lomi Lomi Massage	60	80

BODY TREATMENTS	Min.	€	PACKAGES	Min.
Marine Salt Peeling	20	30		
Special Peeling	20	35	STARTER 1 • 75 €	
After Sun Soothing Body Mask	30	35	Traditional Turkish Hammam	30
Moisturizing Body Mask	30	40	Classic Massage	30
Firming Body Mask	30	35		
Detox Body Mask	30	35	STARTER 2 • 120 €	
Anti-Cellulite Mask	30	40	Traditional Turkish Hammam	30
Mud Body Mask	30	40		30
Leg Revival Soothing Treatment	30	40		
Seaweed Body Mask	30	60	Organic Mini Face Treatment 3	
Seaweed Body Treatment	50	85		
Nourishing Body Treatment	60	90	ANTI-STRESS • 245 €	
Mud Body Treatment	60	90	Traditional Turkish Hammam	30
Intensive Cellulite Treatment	60	100	Aromatherapy Massage	50
Slim&Sculpt Treatment	60	110	Indian Head Massage	30
Organic Mediterranean Body Treatment	60	110	Foot Reflexology	30
De Luxe Therapy	80	135	Organic Crassula Face Treatment	60
FACIAL TREATMENTS	Min.	€	DETOX • 355 €	
Organic Mini Facial Treatment	30	50	Special Peeling	20
Organic Crassula Facial Treatment	60	75	Seaweed Body Mask	30
Face Massage	30	35	Nourishing Body Treatment	50
Firming Face Massage	30	45	De Luxe Therapy	80
Gua Sha Face Massage	30	50		
Eye Care	30	45	Organic Regenerating Face Treatment	60
Organic Men Treatment	60	85		
Organic Intensive Hydration	60	95	ASIAN TRIP • 430 €	
Organic for Sensitive Skin	60	95	Special Peeling	20
Organic for Combination and Oily Skin	60	95	Full Body Balinese Massage	60
Organic Regenerating Treatment	60	95	Thai Foot Massage	50
Organic Anti-Aging	60	105	Indian Head Massage	30
Vitamin Treatment	60	105	Thai Aromatherapy Massage	60
Collagen Treatment	60	105	Classic Thai Massage	60
Acti-Biotic Acne-Prone Skin Care	60	110	Asian De Luxe by Crassula	80
Organic Firming&Lifting	60	120		
Deluxe Anti-Aging	60	120	END OF CELLULITE • 515 €	
Sensitive Pro-For Sensitive Skin Treatment	60	140		<b>A</b> 30
Hydra Clinic-Moisturizing Skin Treatment	60	140	Special Peeling	20
Oxygen Treatment	60	140	Seaweed Body Mask X 3	30
Caviar Treatment	60	145	Anti-Cellulite Massage X 3	30
Meso Vit-Energy Treatment	60	155	Intensive Cellulite Treatment	60
Gold Facial Treatment	60	170	Slim&Sculpt Treatment	60

## Frequently Asked Questions for CrassulaECO Spa

## How can i make my Spa appointment?

Reservations can be made by dialling 3670 from the hotel room, if you are outside of the hotel, you may dial + 90 242 710 15 00. In addition, you can book your appointments at CrassulaECO Spa reception desks.

## How can I pay for my Spa services?

The amount will be charged to your room account so you can make a payment until check-out time on the main reception.

## What is the Cancellation Policy?

If you would like to reschedule or cancel your appointment, you have to notify us 5 hours in advance. Less than 5 hours notice will result in a charge to your room account of 50% of services reserved.

## What time should I arrive for my Spa Service(s)?

We kindly ask you to arrive at the Spa at least 10-15 minutes prior to the appointment so you will then have enough time to change your dress and fill up Spa consultation form.

#### If I'm late?

As your service is reserved at a specific time, your treatment will end at this set time so that the next guest will not be delayed. Arriving late will limit simply the time for your Spa treatment according to the density of the Spa reservations.

#### What should I wear for a treatment?

During all treatment you will be professionally covered with a towel. Also we will provide you a special disposable slips, slippers and bathrobe which can be obtained in the Spa dressing rooms.

### My massages are covered by health insurance?

Some insurance companies cover the cost of therapeutic massages. Please check this information with your insurance agent.

#### What should I wear into the sauna, hammam or steam room?

You should not wear synthetic clothes in the sauna and steam room, because it may adversely affect to your health. In sauna and hammam you may use towels or peshtemals (special towel for covering the body) provided by us for your own comfort and hygiene.

## If I'm pregnant?

Our pregnant guests are invited to enjoy facial treatments. You may receive a local relax massage in your second trimester (completed first three months). However, we recommend you to consult with your doctor before booking any Spa services. Pregnant women will not be treated with hamam treatments, a wrap, Hot stone massage or deep and strong massages.

## Children in the Spa?

Spa treatments are intended for adults. Children under the age of 16 should be accompanied by an adult in the Spa.

## Personal values in the Spa?

You may keep your personal possessions in the lockers provided in the dressing room. We recommend that you leave your valuables in your hotel room safe.

## Spa Etiquette?

We ask you to pay attention to our warning signs and written rules in the Spa in order to prevent accidents, provide the hygiene and respect for the pleasure of our other guests.

<sup>\*\*\*</sup>For more information about prices, promotions and discounts please contact the Spa reception.



<sup>\*\*\*</sup>Prices, services and hours are subject to change.

